

Olivia Fitchett

**Leadership &
Communication
Coach and Speaker**



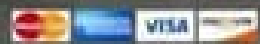
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\$19/month



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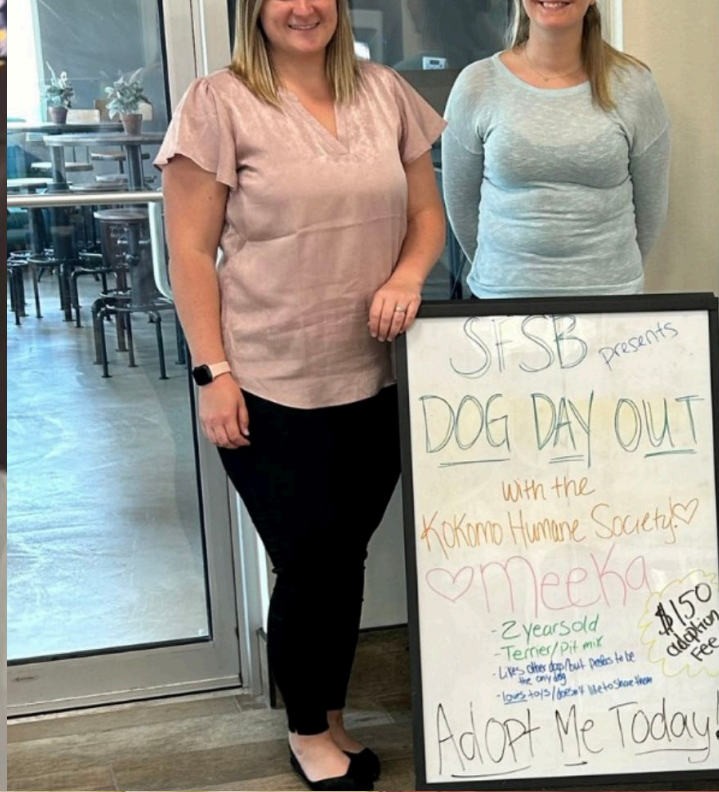
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ASPCA

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“Love and belonging are irreducible needs for all people. In the absence of these experiences, there is always suffering.”

-Brené Brown





Finished files are the result of years of scientific study combined with the Experience of many years.



1. Acknowledging what they say

“What I’m hearing you say is _____”

2. Validate how they feel

“Of course you feel _____”



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Let's stay in touch!



OliviaFitchett.com



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What happens NOW?